



### **Nutrition with Marge Chandler**

#### **Session 1**

- |                                  |   |   |
|----------------------------------|---|---|
| Tuesday 23 <sup>rd</sup> January | - | Access to first webinar recording and course notes      |
| Friday 26 <sup>th</sup> January  | - | Access to second webinar recording and end of week quiz |

#### **Session 2**

- |                                  |   |   |
|----------------------------------|---|---|
| Tuesday 30 <sup>th</sup> January | - | Access to first webinar recording and course notes      |
| Friday 2 <sup>nd</sup> February  | - | Access to second webinar recording and end of week quiz |

#### **Session 3**

- |                                  |   |   |
|----------------------------------|---|---|
| Tuesday 6 <sup>th</sup> February | - | Access to first webinar recording and course notes      |
| Friday 9 <sup>th</sup> February  | - | Access to second webinar recording and end of week quiz |

#### **Session 4**

- |                                   |   |   |
|-----------------------------------|---|---|
| Tuesday 13 <sup>th</sup> February | - | Access to first webinar recording and course notes      |
| Friday 16 <sup>th</sup> February  | - | Access to second webinar recording and end of week quiz |

**You will have access to the group forum Tuesday 23<sup>rd</sup> January to Friday 1<sup>st</sup> March.**